

**FOOD
FESTIVAL**
Kew Gardens

LUNCH WEEK 1 MENU



MAIN EVENT

MONDAY
Meatballs in Tomato Sauce with Pasta Twirlers

TUESDAY
Mild Chicken Curry with Whole Grain Rice

WEDNESDAY
Roast Chicken with Roast Potatoes and Gravy

THURSDAY
Dairy Free Cheese Pizza with Baked Potato Wedges

FRIDAY
Golden Fish Fingers with Chips



**MEAT-FREE MAGIC
Vegetarian Dish**

Sweet Chili Vegetable Stir Fry with Whole Grain Rice

Mixed Vegetable Korma with Whole Grain Rice

Super Veggie Pie Vegetable, Lentil and Onion Pie with Roasties

Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice

Golden Vegetable Fingers with Chips



**RAINBOW ALLEY
Vegetables and Salads**

Mixed Salad

Green Beans
Daily salad bowl and freshly baked bread available every day

Carrots

Peas

Baked Beans



**PASTA TWIRLER
Topped Pasta**

Hot Pasta topped with Homemade Tomato Sauce



**BIG TOPPING
Filled Jacket**

Crispy Skin Jacket Potatoes
with Cheese or Beans



**DESSERT TROLLEY
Pudding**

Toffee Sponge and Custard

Jelly & Fruit Slices

Tropical Pineapple Crumble and Custard

Orange Cookie

Vanilla Ice Cream

Cut fruit, scones and jelly available every day